

Letter to Mr. V in 2005 [Regarding Suffering]

*By Swami Shantananda Puri Maharaj,
Vashista Guha, 2005*



Swami Shantananda

V. Guha
26.4.05

My Dear V,

Hari Om. OM NAMO BHAGAVATE SRI RAMANAYA. I got your second letter and E Mail of N. I have already got posted my reply to your earlier letter in full detail on 18/4/05 or so from HARIDWAR.

This E-Mail's doubts are covered in my earlier letter. Unless one reaches a high state of knowledge of the reality one cannot avoid the sufferings due to previous karmas [Prarabdhas]. But the blessings of a realised saint of the order or states of BHAGAVAN RAMANA [I am not personally aware of a single person of enlightened state living today] can actually reduce the sufferings due to the past karmas by 98%. Even if the saint is not of that high order but positively soaked in thoughts of the Lord and living a life where he continuously remains identified with the Self [ATMAN], and one who does not have either attractions for earning money or for other sex, even he can help substantially PROVIDED that the suffering person or his parents, etc. think of that saint or even of BHAGAVAN RAMANA [though NOT PHYSICALLY ALIVE] and Pray daily with unconditional deep faith,

devotion and confidence for atleast two hours [uninterrupted by phone calls or visits] every day, certainly substantial benefits can be reaped within three to four years. It will not be IMMEDIATE as in the case of a living REALIZED SAINT. LONG PATIENCE and DEEP FAITH THAT THE SUFFERINGS WILL CERTAINLY GO AWAY THROUGH THE GLORY OF THE SAINT and full LOVE TOWARD THE suffering person [if done by parents or relatives] ARE A MUST.

The Second method of alleviating the suffering due to KARMA

One may sit by the side of the suffering person [who may lie down or sleep] and pray to Jesus or Mother Mary and / or any great saint like RAMANA, ST. FRANCIS OF ASSISI or some living saint [on whom you have faith]. Call on them to come and be present and imagine that they are sitting a little above the body of the patient. Imagine that the brilliant rays of a light blue light are emanating from the heart regions of these saints and they are all falling on the head and heart of the patient and going inside.

Depending on your unconditional love for the suffering patient and your faith, this healing process can cure upto 90% atleast in 4 to 5 years' time. Intense faith, deep devotion to the Lord and unwavering confidence, and patience are again pre-requisites.

As the entire life is a dream drama [where may persons appear in the dream] written by the Cosmic Reality who enacts as different persons taking the robes of all the people, God the Director is capable of changing any scene in the drama if appealed to by the dream personalities who do not like the role allotted to them and want to get the story changed.

I have written as I am inspired by the DIVINE MOTHER. By myself my knowledge is not much.

I am leaving for LUCKNOW, GHAZIPUR, BARODA, etc. in another 9 or 10 days' time and returning to Guha on 20-11-05 for 22 days or so.

LOVE AND OM

Shantananda

Note: All the capital words / emphasis / sentences are as written by Swamiji. No editing has been done in order to retain the original form of the letter.

* * HARI OM * *

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